



THIS WEEK

Café 300

Week of December 8th

What's Happening

CHECK OUT OUR TAKE HOME MEALS FOR THE WEEK

SPECIAL EVENTS:

- Christmas & N.Y.E.
- Winter Theme Cut Out Cookies Coming Soon!

UPCOMING:

- ENTER THE DECEMBER TRIVIA GIVEAWAY

WEEKLY SPECIALS

Deli

FLIK Curried Chicken Salad Wrap

Grill

FLIK Sweet Chili Chicken Sandwich with pickle, Onion, Tomato, Lettuce & Sriracha Aioli

Grab

Smoked Salmon Bento

Soup

Peruvian Chicken & Rice Soup 

Beet, Ginger, Fennel & Rice Soup 

Tuesday & Wednesday

CHEF'S TABLE

Global

Hot

Chicken

Come to Chef's Table on Tuesday and Wednesday to Enjoy a taste of The Global Hot Chicken with Your Choice of French Fries and Potato Salad

HOURS

Breakfast 7 AM - 10 AM

- Grill Breakfast Buffet
- Yogurt & Toast Bar (Closed on Fridays)
- Web & Kiosk Ordering for Grill Favorites

Lunch

11 AM – 1:30 PM
(Grill open until 2PM)

- Salad & Deli Closed on Fridays

3 convenient ways to order:

1. Download the MySystopia mobile app, available on iOS and Android, workplace code: 989980
2. Online at mycafe.systopiacloud.com
3. Café 300 order kiosks

TREE HOUSE

MENU WEEK OF OCTOBER 27TH 2025

Coffee Bar 7 AM – 4 PM

STARBUCKS (Monday-Friday)

Breakfast 7 AM – 10 AM

ORCHARD BAR (Monday-Friday)

Walk up and order one of our FLIK Favorites or build your own smoothie

ARBOR (Monday-Friday)

Self-serve weighed hot breakfast buffet with new selections daily

Check our Viva Engage page for daily selections available

CANOPY (Monday-Thursday)

Walk up and order breakfast action station

NEW Breakfast Bao

Lunch 11 AM – 1:30 PM

ARBOR (Monday-Friday)

Self-serve weighed hot lunch buffet with new selections daily

Check our Viva Engage page for daily selections available

CANOPY (Monday-Thursday)

Walk up and order lunch action station

Mediterranean Bowl

Featuring our functional food of the month: SEEDS

Limited Time Offer 3 PM – 4 PM

APRES (Thursday)

Join us in celebrating National Cocoa Day!